



ALLERGEN INFORMATION

The following is an itemized menu containing all the ingredients we use in each of our menu items. An "X" in the box of each allergen means that said ingredient contains that particular allergen. **DISCLAIMER:** As much as we strive to provide different food options for our customers, we cannot guarantee there is not any cross-contamination between our different products. Please exercise caution when ordering food that may contain or may have been exposed to your allergen. Also, be mindful not all substitutions are possible.

Menu Item	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
GRILLED CHICKEN SKEWERS									
Grilled Chicken Skewers									
Sesame Slaw	X	X	X						X
Korean BBQ	X	X							X
Sriracha Mayonaise		X	X						
TRADITIONAL HUMMUS									
Hummus									X
Goat Cheese				X					
Cucumbers									
Hatch Chili Relish									
Toasted Pita	X	X	X	X					X
Chili Crisp									
JUMBO PRETZEL									
Pretzel	X			X					
Beer Cheese Dip									
Cajun Mustard									
TUNA POKE NACHOS									
AHI Tuna								X	
Wonton Crisps	X		X						
Seaweed Salad									
Avacado		X							
Sriracha Mayonaise		X	X						
Jalapenos									
Sesame Seed									X
BERRY SALAD									
Arugula									
Spring Mix									



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Menu Item	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
Fresh Berries									
Candid Walnuts						X			
Goat Cheese				X					
Red Onion									
Poppy Seed Vinaugrette		X	X						
CAESAR SALAD									
Romaine Lettuce									
Caesar Dressing		X	X	X				X	
Shaved Parmesan				X					
Tomato									
Croutons	X			X					
MEDITERRANEAN PESTO FLATBREAD									
Flatbread	X	X	X	X					X
Basil Pesto				X					
Tomato									
Red Onion									
Fresh Mozzarella				X					
Kalamata Olives									
Feta				X					
Arugula									
CAPRESE FLATBREAD									
Tomato									
Basil Fresh									
Fresh Mozzarella				X					
Roasted Garlic Oil									
Balsamic Glaze									
Flatbread	X	X	X	X					X



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Menu Item	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
THAI CHICKEN FLATBREAD									
Flatbread	X	X	X	X					X
Bangkok		X	X		X				
Fire Roasted Chicken									
Shredded Cabbage									
Kale									
Cilantro									
Carrots									
Fresh Mozzarella				X					
PEPPERONI FLATBREAD PIZZA									
Flatbread	X	X	X	X					X
Marinara		X							
Mozzarella Fresh				X					
Pepperoni									
TAIL-GATE WINGS									
Breaded Jumbo Wings	X								